

To Whom It Concerns,

January 24, 2026

My name is Paula D'Agostino, and I have a 28 year old son- Quinten Yonkers (#437655)- who has been incarcerated for child pornography. He was transferred from MacDougall C.I. to Brooklyn C.I. last year. He has a 10 year sentence, cut down to 5 years if he makes parole, which is definitely His hearing is 2/27/2026, so we anticipate he will be released by August. Despite the fact that he'll be out soon, things need to be brought to attention for the sake of all who remain. He has done everything in his power to learn about and learn how to control his addiction, despite the fact that aside from AA and an occasional session with psychologist Dr. Pierri, when at MacDougall, there has been no real therapy. So I begin with this most important topic.

When Quinten was incarcerated, we connected with C.A.T.S.O.'s Eileen Reddin. She recommended a therapist for me, but never responded to his letters. So we shared the phone call sessions with Quinten for a while (½ hour each), but she was no help- inconsistent, missing standing appointments, forgetful of their conversations- until she finally abruptly quit the practice via text. We weren't allowed to hire any outside counseling for him. So he sought counseling by reading specifically helpful healing books (recommended by my life coach), ceremonial cleansing rituals, and has become a member of a Buddhist organization (who just paid him for an article they're publishing in their monthly newsletter, and are looking to him for future articles) about what being a member, and practicing Buddhism has done for him through his incarceration. We were told by his mitigator that when he would (hopefully) transfer to Brooklyn there was a higher amount of S.O.s. Therefore specialized therapists there. When he was transferred there last year, there were no therapists, except one who did not specialize in S.O.s, and could only be seen once a month. Quinten works as office manager in the PRIME program, and also mentors fellow inmates on and off the job. He even started a book club for inmates with books pertaining to healing sex addiction, but was told he couldn't unless it was approved by the mental health dept, which would change his mental health stats. Quinten's employer reached out to Eileen about him, and she finally answered back saying she was one of the specialist therapists there along with another years ago, but the service was canceled. Isn't this a space where mental health care is especially needed??? I believe this is the root to recidivism which seems like a money making conspiracy to anyone who has had to deal with the prison system.

The physical health care is bare minimum. Quinten was diagnosed with ruptured discs which he was supposed to get treated for just after he got arrested. He jumped through hoops for 2 years only to have his MRI or prescriptions never sent through. He'd gotten responses saying to stop sending requests, and never did get treated for his back even though I sent his original MRI results to the prison orthopedist. Everything just got lost so

he just gave up, realizing the stress of it all just made the pain worse. Still, he is keeping up with exercise and yoga regimes to the best of his ability, and his mind body connection research has lulled the pain.

They are not allowed to go outdoors from mid- fall until mid spring; one of the most unhealthy routines for anyone to endure.

He volunteers to cook breakfast for the C.O.s on weekends so he can eat decent food for free, which brings me to my next complaint. Understandably, nobody wants to think their tax dollars are going towards anything deemed delicious. But food should be healthy without empty calories and carbs. It's actually mentally detrimental as well as physically. It shouldn't be assumed that the typical prisoner has no regard to his health. When Quinten was at MacDougall, they were served white cake with breakfast everyday. They did have fruit, but of course, for some reason they were given a ticket if they brought their uneaten apple back to their cell. So Quinten spends most of his commissary money on sardines, beans, and a few other healthy alternatives since most of the food negatively affects him.

Any of the jobs he has gotten pay only \$1.00 a day. Not only is it demeaning, but the commissary prices are the same as what we pay. My son is fortunate to have a mountain of outside support, and to have saved enough to put \$ in his commissary acct. each month. But so many don't. How is this even ethical, helpful... or even legal?

Also, MacDougall - a higher security prison- actually had more visitation times and days than Brooklyn. People need to see their loved ones. It's part of the healing reforming process. How is this ethical? To only give 3 choices a week at random times like week mornings, 8PM...

These facts are why I say there's a conspiracy happening. It's all about return visits, keeping the money coming in for the top dogs who have no problem setting these people up to fail, not preparing them to succeed in society. I know there are decent prison systems out there. And I know there are people placed in systems to help the incarcerated reform. Not everyone has a Gregory Boyle in their back pocket. But it would be amazing if the top dogs were required to read his books and hear about what he does; at least the CT prison Wardens.

Thank you for your time, Please consider my thoughts in your meeting. This letter may be past your deadline; it took me 2 days to compose, and is getting to you now because Brooklyn didn't post the meeting until the 22nd.

Best regards,  
Paula D'Agostino